



MEALS MADE EASY - HOLIDAY MENU

Please choose one of the meal options below. You may select one menu item for each 12 kits that you make. Each kit should include all listed shelf-stable ingredients, packed together in a clear bag.

Green Bean Casserole

Ingredients (4 items):

- 2 15 oz cans cut green beans
- 1 10.5 oz can cream of mushroom soup
- 1 can fried onions
- 1 2.5 gallon ziplock

Butternut Alfredo

Ingredients (5 items):

- 1 10 oz. can chicken
- 1 32 oz. carton Butternut Squash Soup
- 1 can peas
- 1 lbs pasta
- 1 8 oz. shaker dried parmesan cheese
- 1 2.5 gallon ziplock

Harvest Chili and Cornbread

Ingredients (8 items):

- 2 15 oz cans black beans
- 1 15 oz can diced tomatoes
- 1 6 oz can tomato paste
- 1 can sweet potatoes

Apple Pie

Ingredients (4 items):

- 1 box of Jiffy Pie Crust Mix
- 2 cans Apple Pie Filling
- 1-quart ziplock

Cherry Pie

Ingredients (3 items):

- 1 box of Jiffy Pie Crust Mix
- 2 cans Cherry Pie Filling
- 1-quart ziplock

Pumpkin Pie

Ingredients (3 items):

- 1 box of Jiffy Pie Crust Mix
- 1 30 oz can Pumpkin Pie Mix
- 1 12 oz can Evaporated Milk
- 1-quart ziplock

- 1 can pumpkin puree
- 1 packet chili seasoning
- 1 bag dried lentils
- 1 box Jiffy Cornbread Mix
- 1 2.5 gallon ziplock



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Veggie Pasta

Ingredients (3 items):

- 1 lb of pasta
- 1 can of vegetable (14oz or more)
- 1 can pasta sauce (14oz or more)

Pasta and Beans

Ingredients (3 items):

- 1 lb of pasta
- 1 can pasta sauce (14oz or more)
- 1 can of beans (15oz or more)

Chili Mac and Cheese

Ingredients (3 items):

- 1 box macaroni and cheese
- 1 can of diced tomato (14oz or more)
- 1 can of chili (14oz or more)

Tuna Casserole

Ingredients (4 items):

- 1 lb of pasta
- 1 can of tuna (5oz or more)
- 1 can of green beans (14oz or more)
- 1 can of cream of mushroom (10oz or more)

Cheesy Chicken Rice

Ingredients (4 items):

- 1 lb of rice
- 1 can of nacho cheese sauce
OR soup (10oz or more)
- 1 can chicken (12oz or more)

Chicken Taco Bowl

Ingredients (4 items):

- 1 can chicken (12oz or more)
- 1 can bean (15oz or more)
- 1 can corn (15oz or more)
- 1 packet taco seasoning

Oatmeal and Fruit

Ingredients (4 items):

- 1 bag/box instant oatmeal
- 1 can of fruit (15oz or more)
- 1 bottle shelf-stable milk
- 1 topping item of choice (raisins, mixed nuts, coconut, etc.)