

Vision

A hunger-free and healthy San Diego

Mission

Connect every person facing hunger with nutritious meals by maximizing food rescue

Why It Matters



Nearly 300,000 people face hunger in San Diego County, including almost 80,000 children.



The consequences of hunger on individuals, families, and the community are devastating.



38% of all food produced goes unsold or uneaten in the U.S. each year—almost 149 billion meals worth of food—and food waste accounts for 8% of global greenhouse gas emissions.

People We Serve



Children



Families



Seniors



Post-secondary students



Active-duty, military families, and veterans.

What We Do & Our Impact



Feeding San Diego provides more than 35.4 million meals each year to people facing hunger through a decentralized rescue and distribution network. We distribute meals in partnership with nearly 350 local charities, colleges, faith communities, healthcare providers, and meal sites. Nearly 50% of the food we distribute is fresh produce. We have distributed nearly 360 million meals since we were founded in 2007.



76% of the food Feeding San Diego distributes is rescued. We rescue high-quality food before it goes to waste from more than 650 food donors in San Diego County, and over 120 farms and packing sheds throughout California. By diverting more than 31 million pounds of food from going to waste each year, we avert more than 27,000 metric tons of CO₂ equivalent from being emitted into the atmosphere. We are protecting people and the planet by feeding people, not landfills.



Our impact is achieved through the success of our diverse food rescue and distribution network and by uniting and mobilizing nearly 350 community distribution partners, 650 food donors, 120 farms and packing sheds, over 22,200 volunteers, more than 15,600 financial donors, 75 staff and beyond. Every dollar donated helps provide two meals to our community. Together, we are Feeding San Diego.



Get Help

Find a free food distribution at a convenient location near you, or let us help you apply for CalFresh. Learn more at feedingsandiego.org/find-food.



Give Help

No matter your age, where you live, if you are an individual or corporation, or whether or not you are in a position to give funds or time, you can help end hunger through food rescue in San Diego County. Learn more at feedingsandiego.org/get-involved.

