



Need Extra Money For Groceries?

CalFresh is a food assistance program that provides qualifying individuals and families with money to purchase groceries. CalFresh benefits are loaded onto an EBT debit card each month and can be spent at most grocery stores and farmers' markets. The gross monthly income eligibility starts at \$2,128 for a one-person household.

Learn how to apply and receive benefits in three easy steps:

1. Go to: feedingsandiego.org/calfresh
2. Review your options to apply: work with a trained CalFresh assister or apply on your own
3. Receive your EBT card in the mail. It will be reloaded monthly with your CalFresh benefits!

For questions, call our CalFresh team: 858-863-6635

Need immediate food assistance? Go to feedingsandiego.org/find-food to locate the free food distribution closest to you.

Non-discrimination Statement: Feeding San Diego is committed to providing an environment of mutual respect where opportunities are available to all individuals without regard to race, age, religion, gender identity or sexual orientation, physical or mental disability, military or veteran status, or any other basis protected by applicable law.

Scan to apply

