TODAY IS HUNGER ACTION DAY: TAKE ACTION TO HELP END HUNGER

"We are not able to work because of the coronavirus and we have a large family so every little bit that we do get, it helps. Thank you, Feeding San Diego, for being such a great support to my family." – Maryelena.

Unfortunately, there are many stories like Maryelena’s amid COVID-19. Hunger Action Month is an annual awareness campaign, but this year is unlike any other. Thousands of people across San Diego County are facing hunger — many for the first time. Every action counts, now more than ever.

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HOW YOU CAN HELP

Find Food  Make a Gift  Donate Food  Start a Fundraiser  Spread the Word

For benefit campaigns and fund drives, click here.

A NOTE OF GRATITUDE FROM THE FRONT LINES

"I want to let the donors of Feeding San Diego know that their support is helping a lot of people. Some people don’t speak up because they feel ashamed or afraid to share their story even though they’re going hungry every day. Regardless of whether we can see it or not, there are a lot of people who benefit from this partnership. We really need this distribution because everybody deserves a plate at the table, they deserve healthy, nutritious food."
"FOOD IS A BASIC HUMAN RIGHT" — FORD ROOSEVELT

Ford Roosevelt, the grandson of 32nd President Franklin D. Roosevelt, met with Feeding San Diego to discuss the increasing need for food assistance during the COVID-19 pandemic and how hunger impacts every part of life. "If you can't eat, you probably won't go to school, you probably won't vote, anything like that. Eating is the primary function – you can’t be hungry and expect to lead a near-normal life of any kind."

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ENTER THE HUNGER ACTION MONTH ART CHALLENGE: DEADLINE SEPTEMBER 25

Calling all Superheroes, ages 6-18! Submit a drawing or painting of a hunger-free and healthy San Diego. What does zero hunger look like to you?

Prize #1: Signed skateboard by Ryan Sheckler!

Prize #2: PlayStation 4 Slim Gaming Console with extra controller and game!

Prize #3: Video Call with Comedian Joe Gatto and a $100 Gift Certificate from Geppetto’s Toys!

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MENTAL HEALTH & HUNGER — HOW TO ASK FOR HELP

As we approach the six-month mark of the onset of the COVID-19 pandemic, the reality of the situation has settled in: this virus may be around for another 18-24 months and the economic implications will have long-term consequences. To help, we spoke with Dr. Leon Altamirano, Psy.D., Director of Integrated Behavioral Health at North County Health Services, one of our community partners, to discuss how to take care of yourself during this stressful time, how to ask for help if you need it and the correlation between hunger and health.

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CENSUS 2020: GET COUNTED AND SHAPE YOUR FUTURE
Whether it be for education, infrastructure, or healthcare, the first step in ensuring your community is given the resources it needs is completing the Census Survey by September 30. The number of seats in Congress is determined by the number of people in a state, so being under-counted could mean a lack of fair representation. “If you want your federal government to look like your local government and reflect who you are, you want to get counted,” says David Bennett, media specialist for the US Census Bureau in the San Diego region.

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MEDIA COVERAGE

Red Tricycle – September 9: Meet 17+ San Diego Parents Who Are Making a Difference

Osidenews – September 2: Feeding San Diego calls on community to take action to end hunger

Osidenews – August 30: Local Chef Angelo Sosa chooses Feeding San Diego as featured charity on Selena + Chef Episode

Fox5 News – August 28: Foundation surpasses $50M in aid to local orgs during pandemic

Time of San Diego - August 27: San Diego Foundation announces more grants through COVID-19 community fund

To see all of our press coverage, click here.

SOCIAL MEDIA HIGHLIGHTS

We wanted to share this very powerful article from the New York Times Magazine. One of our friends and community members is highlighted in the San Diego portion. We are reminded of how grateful we are to partner with Feeding San Diego and do our part to ensure people have access to healthy meals.


CORPORATE AND FOUNDATION PARTNERS

Feeding San Diego is grateful to our corporate and foundation partners for their generous contributions of $10,000 and above in August 2020.
To learn more about how to support Feeding San Diego, please contact Ali Colbran, Director of Development, at acolbran@feedingsandiego.org or click here.

For more information or to join The Grove, please visit feedingsandiego.org/thegrove.

#SanDiegoStrong