


**FEEDING
SAN DIEGO**
Waiver and Release of Liability

Name: _____ E-mail Address: _____ @ _____
(First) (Last)

Mailing Address: _____ Apt # _____

City, State: _____ Zip: _____ Phone: _____

Date of Birth: _____ Group Name: _____ I want to receive monthly e-newsletter _____

Emergency Contact

In case of emergency please contact: _____ Phone: _____

Policies and Procedures that I agree to follow:

- **Closed-toe shoes are required to enter distribution center – tennis or running shoes work great!**
- Wear proper work clothes (clothes you do not mind getting dirty).
- No jewelry that poses a food safety hazard is allowed in our food handling facility.
- Feeding San Diego will not be responsible for any missing personal belongings, please leave valuables at home.
- All volunteers must sign in and wear a name tag before volunteering begins.
- Eating or drinking is permitted only in the break room.
- Wash your hands before and after handling food items. Even when wearing gloves.
- Running, horseplay, riding pallet jacks, and stepping on pallets is a safety hazard and not permitted.
- Safety is our first priority, please be mindful of the forklifts, using proper lifting techniques, and use caution at all times.
- Food and other products may not be removed from the warehouse. No throwing or horseplay with food.
- Use proper lifting techniques: when lifting heavy objects, use your legs to push upwards, keep your back straight and your body balanced. Never attempt to lift more weight than you can comfortably manage.
- Report any accidents or injuries immediately to Feeding San Diego staff.
- Sexual harassment, violence, or disrespectful conduct will not be tolerated.
- Court Ordered Volunteers must be approved by the Volunteer Programs Manager prior to any volunteering.
- No one under the influence of drugs and/or alcohol will be permitted to volunteer.
- Only trained staff and designated Team Leaders are allowed to operate forklifts, pallet jacks, and other machinery.
- No cell phone usage or headphones in the distribution center (please return to the volunteer center).
- Volunteers are responsible for cleaning up their area.
- Please use the correct trash receptacles; recycling is very important to Feeding San Diego!

Waiver, Attestation, and Release of Liability

In connection with my voluntary involvement in activities undertaken for, and / or with the participation and support of Feeding San Diego, I, the undersigned, hereby agree, for myself, my heirs, assigns, executors, and administrators to release and discharge Feeding San Diego and its nonprofit partner agencies, its officers and directors, members, partners, funders, employees, agents, and volunteers (Releasees) from all claims, demands, and actions from injuries sustained to my person and / or property as a result of my involvement in such activities, whether or not resulting from negligence. I agree to release and hold Feeding San Diego and its Releasees harmless from any cause of action, claims or suit arising there from. I hereby attest that my attendance and involvement in such activities is voluntary, that I am participating at my own risk and that I have read the foregoing terms and conditions of this release. I understand in the case of accident or injury that my health insurance is the primary insurance coverage. I hereby confirm, represent and warrant that I have never been **charged with or convicted of any crime involving or relating to child abuse or neglect, child pornography, child abduction, or any other violent offense, including kidnapping, domestic violence, rape or any sexual offense, or have ever been ordered by a court to receive psychiatric or psychological treatment** in connection therewith. I agree that I will perform activities that I am comfortable performing and will follow all instructions. I also grant full permission for Feeding San Diego and their Releasees, to forever use photographs, video or audio recordings, or quotations from me in legitimate accounts and promotion of Feeding San Diego activities, with or without identification of me by name, and without compensation. This includes Feeding San Diego's website, Facebook, Twitter, and other social media and media sources. In the course of volunteering at Feeding San Diego, I understand that I may work with confidential information. I agree to keep such information in the strictest confidence. I agree to abide by the volunteer policies and procedures outlined above.

Print Name: _____ Signature: _____ Date: _____

Release of Liability for Minors: I, the undersigned parent or guardian of a minor participating with or without me, attests that I am over 18 years of age and warrant that I have legal authority to execute the above agreement on my child or legal ward's behalf. I have read the foregoing Waiver, Attestation, and Release of Liability and I hereby attest to the declarations therein, and give my express consent to the irrevocable execution of this release on my child / legal ward's behalf.

Parent or Legal Guardian:
Print Name: _____ Signature: _____ Date: _____