



## Regular Volunteer

*Work on meaningful food sorting projects in a warehouse environment.*

### IMPACT

Volunteers help Feeding San Diego process more than 10.9 million pounds of food that will move through our distribution center annually. Volunteers glean fresh produce, pack food for kids and families, and support general warehouse operations in team-based and hands on projects.

### KEY RESPONSIBILITIES

Regular Volunteers make a regular commitment to attend a consistent food sorting shift on a weekly or biweekly basis. This will include:

- Helping to pack food for kids, glean produce for families, or sort donated product
- Assisting with general warehouse cleaning
- Working in a team-based environment
- Communicating expected absences to FSD staff in advance, as needed
- Adherence to all safety and food safety policies

### TIME COMMITMENT

This volunteer would work 1 food sorting shift either weekly or biweekly. Food sorting shifts take place on Mondays-Saturdays, including some evenings (see below). Please note that volunteer shifts have limited spaces available, and are not guaranteed to be available at any given time. Be sure to include all preferred volunteer shifts in your Volunteer Application and we will do our best to accommodate.

<b>Monday</b>		10:00 am- 12:00 pm			
<b>Tuesday</b>		10:00 am- 12:00 pm		2:30 pm- 4:30 pm	6:00 pm- 8:00 pm
<b>Wednesday</b>		10:00 am- 12:00 pm		2:30 pm- 4:30 pm	6:00pm- 8:00pm
<b>Thursday</b>		10:00 am- 12:00 pm			6:00pm- 8:00pm
<b>Friday</b>		10:00 am- 12:00 pm			
<b>Saturday</b>		9:00am- 11:00am		1:00pm- 3:00pm	

## **KEY SKILLS AND ABILITIES**

To perform this job successfully, an individual must be able to perform each essential duty. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- You have a passion for hunger relief and want to make a difference
- You already have 10 volunteer hours with FSD under your belt
- You know that working together as a team is the best way to solve hunger
- You would rather change lives on your feet than at a desk
- You know that safety comes first, and will follow all FSD safety and food safety policies
- You believe in our values, including respect, integrity, and diversity
- You are able to interact with individuals of various backgrounds and ages

## **TRAINING PROVIDED**

Volunteer Orientation will provide volunteers with an understanding of Feeding San Diego as a whole. Additional training provided will include:

- Monthly volunteer newsletter
- Invitations to optional trainings

## **HOW TO APPLY**

Please submit a Volunteer Application to the Volunteer Department at [volunteersd@feedingsandiego.org](mailto:volunteersd@feedingsandiego.org) or to Feeding San Diego c/o Volunteer Department at 9455 Waples Street, Suite 135, San Diego, CA 92121.

## **QUESTIONS? COMMENTS?**

Contact the Volunteer Department by phone (858.452.3663 x100) or email ([volunteersd@feedingsandiego.org](mailto:volunteersd@feedingsandiego.org)). You can also visit [feedingsandiego.org](http://feedingsandiego.org) to learn more about making a difference in San Diego.